

## City of Columbus Early Childhood Obesity Prevention Coalition

\_\_\_\_\_ Steering Committee  
\_\_\_\_\_ Working Group 2

\_\_\_\_\_ Working Group 1  
  X   Full Coalition

Date: January 26, 2010 Time: 10:00am – 11:30am

Location: Columbus Public Health  
Meeting Room 119E  
240 Parsons Ave.  
Columbus, Ohio 43215

**Chairperson:** Autumn Trombetta MS, RD, LD

**Facilitator:** Cheryl Graffagnino MS, RD, LD

**Attendees:** Deborah Eiland (Child Development Council of Franklin County (CDCFC) Headstart); Deborah Younger (CDCFC Headstart); Elizabeth Klein (OSU College of Public Health); David Ciccone (United Way of Central Ohio); Jackie Broderick-Patton (Columbus City Schools); Julia Hansel (Children's Hunger Alliance); Sandy Gill (Creating Healthy Communities, CPH); Carol Smathers (Prevention Research Center, OSU PH); Ashley Thompson (Prevention Research Center, OSU PH); Phyllis Pirie (OSU PH); Barb Seckler (Institute for Active Living, CPH); Christine Green (Healthy Places, CPH); Grace Kolliesuah (Caring for 2, CPH)

### ***Meeting at-a-glance:***

#### ***Consensus Achieved:***

- 1) Coalition members provided an update on the childhood obesity prevention efforts in their program and services.
- 2) Survey results were provided and described strategy prioritization and gaps.
- 3) Discussion on most effective method to implement strategies identified as priority.
- 4) CDC Communities Putting Prevention to Work update.

### ***Next Steps:***

- 1) Autumn and Cheryl to develop report to outline partners' initiatives
- 2) Identify strategies that overlap with other city-wide plans so that we can most effectively implement the Obesity plan.

### ***Meeting Notes:***

#### ***Agenda Item 1:***

Autumn Trombetta welcomed the group and facilitated introductions.

#### **Program Updates:**

- ☐ **Prevention Research Center (PRC)**— awarded to The Ohio State University College of Public Health by the CDC. The grant is part of a collaborative effort to connect public health prevention efforts with public health academic research initiatives. Carol Smathers will be the project director. The focus will be on the south side of Columbus in zip codes 43205, 43206 and 43207. Step one is to implement a pilot research project and create an advisory board.

- **Healthy Places (Christine Green)** – Received funding to begin printing walking maps. See attached brochure for more information. Partners are asked to provide feedback on the number of walking maps they would distribute in their programs.
- **Caring for 2 (Grace Kolliesuah)** – Caring for 2 provides in-home services to pregnant women and children living within the nine zip codes in Columbus with the highest infant mortality rate. Access to prenatal care, primary care, and screening for depression is among a few topics that they address with women. They have recently received a new 5 year funding agreement and are looking for strategies to encourage breast feeding and a system for screening weight gain during pregnancy.
- **Corner Store Initiative (David Ciccone)** – This initiative is one piece of the PPW grant submitted by CPH through Mike Smeltzer. This would enable services to work with area corner stores to provide healthier foods to customers. This initiative would aim to impact the UWCO's five priority neighborhoods.

#### ***Agenda Item 2:***

Cheryl Graffagnino reviewed the results from the online survey tools completed by the coalition members. It identified who in our community is actively involved in working towards our objectives. It was noted that not all organizations were represented in these surveys. See attached report for details. It is recommended that this full report be saved for future reference in project planning.

In creating the Early Childhood Obesity Prevention Plan (ECOP), it was noted that some strategies are being worked on by other groups in the city. There was discussion around identifying strategies in the ECOP that other groups may be working on for the larger population that would ultimately impact the ECOP's target of pregnant women and children birth to five. The Franklin County Physical Activity Plan is working toward objectives and strategies in the ECOP's physical activity goal and the Central Ohio Breastfeeding Coalition is focusing efforts towards the ECOP's breastfeeding goal. The Creating Healthy Communities grant works on food access issues around the city. Coalition members generally liked the idea of focusing efforts to those objectives and strategies that are not being addressed by any other groups that we are aware of including screening and referral. It was also suggested that Early Childhood Obesity Coalition members be a part in the other coalitions mentioned to advocate for the ECOP's target population.

#### ***Agenda Item 3:***

Making Columbus Healthier proposal was submitted to the CDC for the Communities Putting Prevent to Work grant by CPH. The objectives outlined in the proposal were described to the coalition. See attached document for details.